

# BANANA PANCAKES



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Also known as Flapjacks in South-Africa

3 bananas, mashed

1 cup flour

2 eggs

5 ml baking powder

5 ml vanilla essence

Mash the three ripe bananas.

Add all the other ingredients and mix well.

Add tablespoons full to a non-stick pan.

When the pancake is making holes on top, turn over and let it get golden brown on both sides.

Serve with some maple syrup and for breakfast!

Recipe and Photo: Kristie Townsend