

HOMEMADE PATTIES BY CHANTEL



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500 g mince (not lean)

1 egg

1 Weetbix

1 cup grated cheese (I mixed Gouda and Tussers)

30 ml Jimmy Sauce

1 teaspoon coriander

$\frac{1}{2}$ teaspoon Spur salt

pepper to taste

dash of parsley

Mix all of the above.

Shape meatballs the size of an tennisball and flatten. If smaller is made, you will get more patties, this recipe is for 4.

Place them in freezer for 20 – 30 min.

Grill (I used my convection oven) for 10 min on each side on 160°C, on the coals or stovetop – the choice is yours.

Recipe and photo: Chantel Geldenhuys