

3 INGREDIENT DONUTS



By Food lovers recipes

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- 500 g self raising flour
- 175 g butter/margarine (I used less)
- 350 ml drinking yoghurt

In a bowl mix flour with butter to form crumbs

Mix in yoghurt to form a smooth dough...u can add a pinch of salt as well .

Dough must not be too sticky

Allow dough to stand awhile so that the culture's in the yoghurt can mix with the raising agent in the flour.

Roll out on a floured surface and cut out shapes with ring donut cutter or roll into balls and stretch into donuts .

Fry in moderately warm oil till light brown

RECIPE AND 2nd PHOTO: Fatima Isaacs

Photo: Ramona Naidoo