

# PINACOLADA POPS



Next time you are reaching for a sweet treat, have these Pina Colada Pops at the ready!

Blend and freeze 1 can pineapple chunks in juice, 1 banana, 1 can coconut milk, 1/2 tsp vanilla extract.

Calories: 117 per pop (don't forget sticks)

Makes 6

Kevs mad menus and recipes