

MIERSHOOP SAMPIOENE – OMAJOVA



**TRIED &
TESTED**

By Food lovers recipes

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LEKKER...Miershoop Sampioene, op die kole gebraai...soos n pizza.
Inligting van Wikipedia – *Termitomyces schimperi*, commonly referred by its Herero name Ejova (singular), is a mushroom associated with the termite species *Macrotermes michaelseni* of Namibia. In the plural the mushroom is referred to as Omajowa (with the alternative spelling of omajova or omayova) by both the Herero and Ovambo people of Namibia. German Namibians refer to the mushroom as Termitenpilz.[1] *T. schimperi* is the largest member of its genus
Bron: Stefaans Blaauw